



2014-2015 RACE SERIES

<u>Date</u>	<u>Race</u>	<u>Location</u>	<u>Age Groups</u>	
Oct. 05	STX Junior Duathlon	Altona Lagoon	5-6	Run: ¼ mile/ Bike: ½ mile/ Run: ¼ mile
			7-8	Run: ¼ mile/ Bike: ½ mile/ Run: ¼ mile
			9-11	Run: ½ mile/ Bike: 1 mile/ Run: ½ mile
			12-15	Run: ½ mile/ Bike: 2 miles/ Run: 1 mile
Nov. 30	Splash N' Dash	Chenay Bay	5-6	Swim: 25M / Run: ¼ mile
			7-8	Swim: 50M / Run: ¼ mile
			9-11	Swim: 100M/ Run: ½ mile
			12-15	Swim: 200M / Run: 1 mile
Feb. 08	Rotary Midisle Duathlon	Altona Lagoon	5-6	Run: ¼ mile/ Bike: ½ mile/ Run: ¼ mile
			7-8	Run: ¼ mile/ Bike: ½ mile/ Run: ¼ mile
			9-11	Run: ½ mile/ Bike: 1 mile/ Run: ½ mile
			12-15	Run: ½ mile/ Bike: 2 miles/ Run: 1 mile
Mar. 01	STX Junior Triathlon	Cramer's Park	5-6	Swim: 25M/ Bike: ½ mile/ Run: ¼ mile
			7-8	Swim: 50M/ Bike: ½ mile/ Run: ¼ mile
			9-11	Swim: 100M/ Bike: 1 mile/ Run: ½ mile
			12-15	Swim: 200M/ Bike: 3 miles/ Run: 1 mile
Mar. 29	Splash N' Dash	Chenay Bay	5-6	Swim: 25M / Run: ¼ mile
			7-8	Swim: 50M / Run: ¼ mile
			9-11	Swim: 100M/ Run: ½ mile
			12-15	Swim: 200M / Run: 1 mile
May 17	STX Junior Triathlon	Cramer's Park	5-6	Swim: 25M/ Bike: ½ mile/ Run: ¼ mile
			7-8	Swim: 50M/ Bike: ½ mile/ Run: ¼ mile
			9-11	Swim: 100M/ Bike: 1 mile/ Run: ½ mile
			12-15	Swim: 200M/ Bike: 3 miles/ Run: 1 mile

Entry Fee: \$5.00 per child (Free t-shirt with entry)

Check for **Junior Tri VI** updates and photos at the Virgin Island Triathlon Federation website:

<http://www.vitf.org>